

DOHNS PREP – H&N

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FORMAT DOHNS PART 2

- In Person
- 25-station circuit
- 5 Clinical stations (actors)
 - 1 nasoendoscopy w/ model
 - 2-3 prep stations
- 20 Written stations
 - Online



DO-HNS Part 2 October 2021

The four Surgical Royal Colleges can confirm that, for the October 2021 DO-HNS Part 2 (OSCE):

- The 'written' stations will be delivered as an online exam on 18 October 2021
- The 'clinical' stations will be delivered in-person in a socially-distanced fashion between 20 and 21 October 2021 across three sites in London, Glasgow and Dublin.

The format of the 'written' and 'clinical' components will be the same as the DO-HNS Part 2 delivered in October 2020, as previously announced to candidates

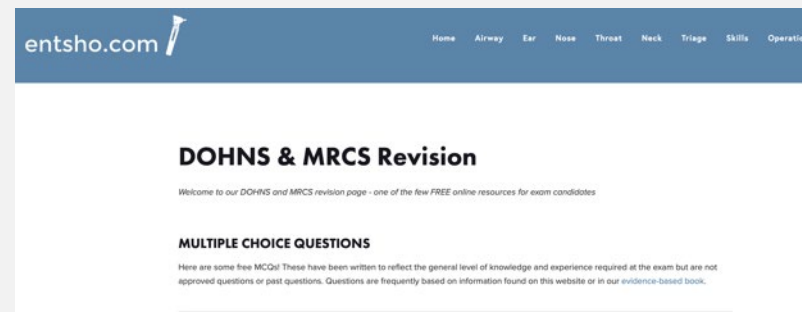
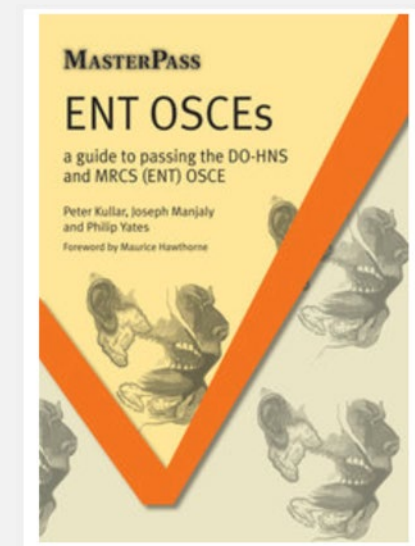
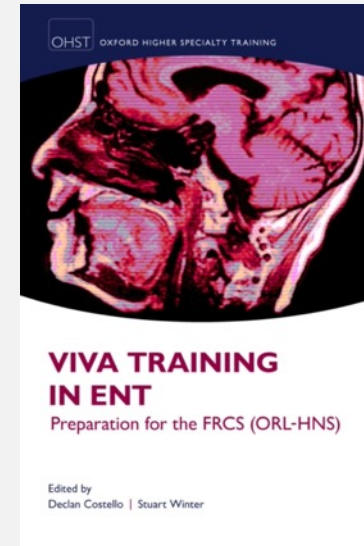
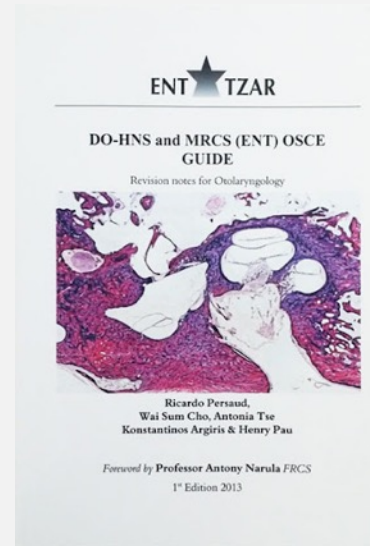
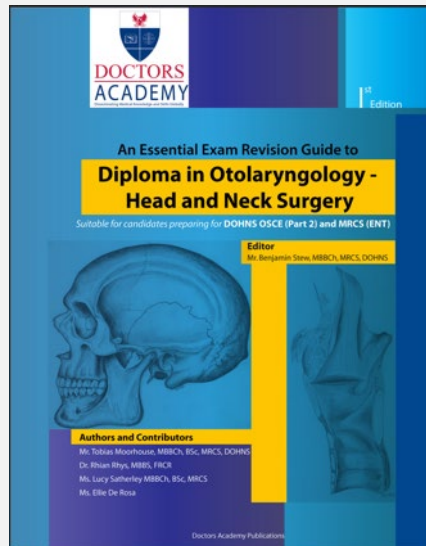
(<https://www.intercollegiatemrcsexams.org.uk/announcements/changes-to-dohns-part-2-osce-october-2020-due-to-covid-19/>).

Candidates will be contacted by the College at which they will sit the exam with information on the exact date they will be sitting the 'clinical' station component of the exam. As previously noted, this may be different to the College to which a candidate originally applied, so that candidates can sit at the centre nearest to them with sufficient capacity.

The cancellation of one exam centre will **not** cause the cancellation of the exam at other venues and other Colleges.

Candidates should check and follow Government advice about travel and accommodation when attending an examination.

RESOURCES



TOPICS H&N CLINICAL

- History Station

- Lump in the throat
- Hoarse voice
- Otolgia
- Neck Lump

- Clinical Station

- Neck Exam
- Oral Cavity
- FNE

- Consent

- Panendo/MLB
- Parotid
- SMG
- Breaking bad news

NB:
Hidden agenda!

- Globus – cancer
- Parotid – actor
- Thyroid - singer

FNE:

- Introduction
- Consent
- LA
- Offer tissue
- Systematic Approach

TOPICS H&N WRITTEN

- Discharge Letter
- Op Note

You have just performed a microlaryngoscopy and biopsy on this patient in Theatre 2 for ongoing hoarseness. This revealed a small vocal cord polyp on R anterior $\frac{1}{3}$ and $\frac{2}{3}$ border. Write the operation note.

Patient: Bob Jones

DOB: 6/11/55

Hospital No. 1234X

Admitted as day case under Mr Smith on 7/5/11. No intra-operative or post-operative complications were recorded. The anaesthetist was Dr Jones.

Answer

Patient: Bob Jones

DOB: 6/11/55

Hospital No.: 1234X

Date: 7/5/11, 11 a.m.

Theatre: 2

Anaesthetist: Dr Jones

Surgeon: M. Jackson

Operation: Microlaryngoscopy and biopsy

Indication: Hoarseness

Antibiotics: None given

Findings: Small vocal cord polyp on R anterior $\frac{1}{3}$ and $\frac{2}{3}$ border

Procedure: Mouthguard inserted to protect teeth

Laryngoscopy performed

Laryngoscope in suspension

Microscope used to inspect cords

Microdissection of vocal cord polyp

1:1000 adrenaline patty used for haemostasis

Teeth, temporomandibular joint, lips clear at end of procedure

Specimen sent to histology

Plan: Airway and saturation monitoring

Eat and drink as able

24 hours' voice rest

Home tomorrow if well

Follow-up in 2 weeks with histology

TOPICS H&N WRITTEN

Common Format:

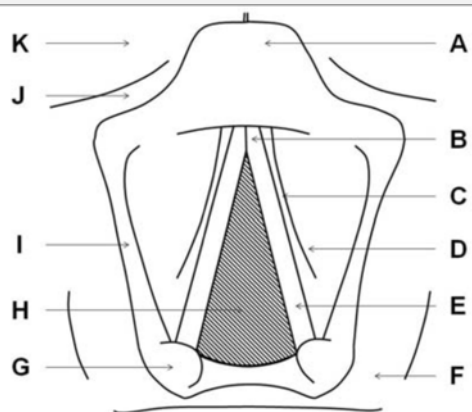
1. What is the pathology / investigation
2. How would this patient have presented (3-5 symptoms)
 - Don't forget asymptomatic
3. What are the causes / risk factors
4. What is the staging system
 - TNM
5. What investigations would you perform
6. How would you treat this patient
 - Surgery, Chemo, RT, palliative
 - SLT, dietetics

TOPICS H&N WRITTEN

- Pharynx (FNE Image)
 - VC nodules
 - Reinke's
 - Laryngeal ca
- Oral Pathology
 - Candida
 - Oropharyngeal ca
 - Tonsillitis/diphtheria
 - Leukoplakia
 - Salivary stones
- Neck lump
 - Parotid lump
 - Thyroid swelling
- X-ray / Barium swallow
 - Pharyngeal pouch
 - Coin / battery
 - Foreign body
- Skull base foramina
- Instruments
- Gross pathology
 - Neck dissection
 - Pharynx dissection
- Facial Weakness

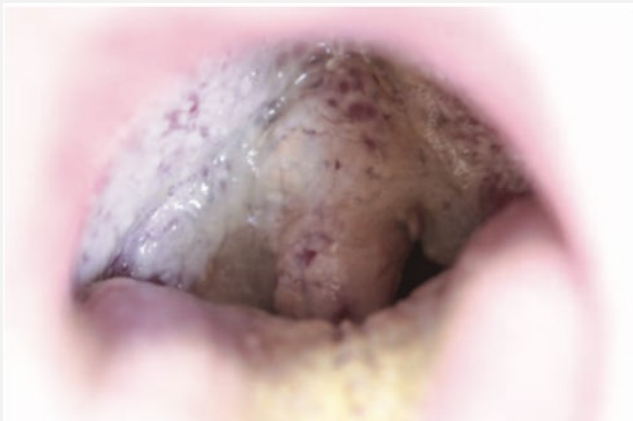
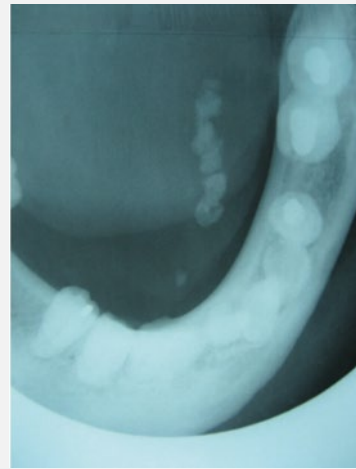
TOPICS H&N WRITTEN

- Larynx/Pharynx (FNE Image)
 - VC nodules
 - Reinke's
 - Laryngeal ca
 - VC palsy
 - Papilloma



TOPICS H&N WRITTEN

- Oral Pathology
 - Candida
 - Oropharyngeal ca
 - Tonsillitis/diphtheria
 - Leukoplakia
 - Salivary stones



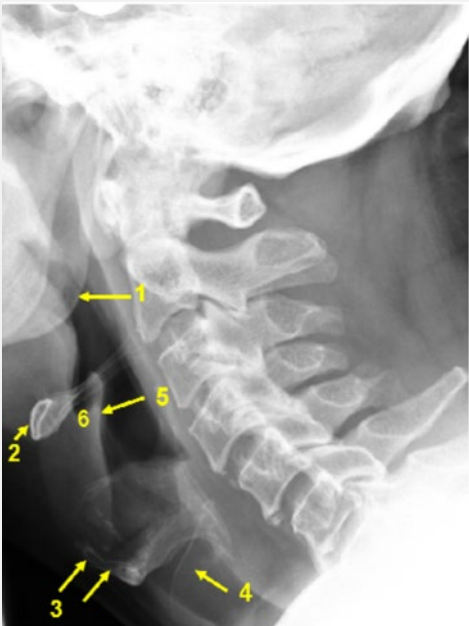
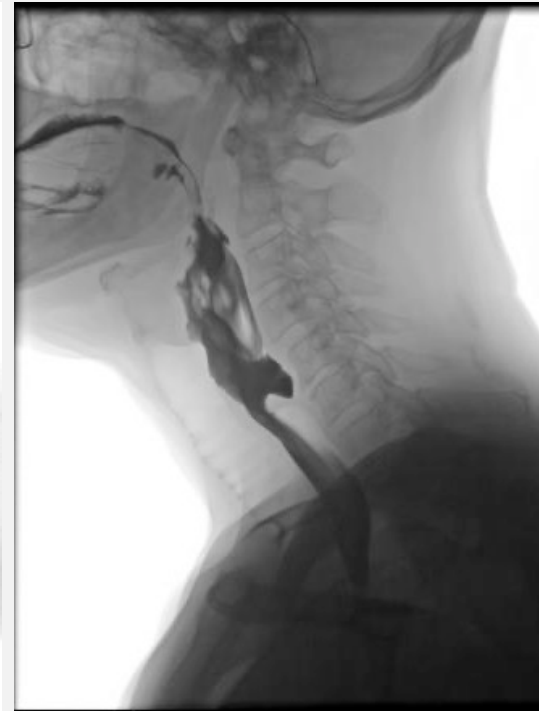
TOPICS H&N WRITTEN

- Neck lump
 - Parotid lump
 - Thyroid swelling
 - TGDC



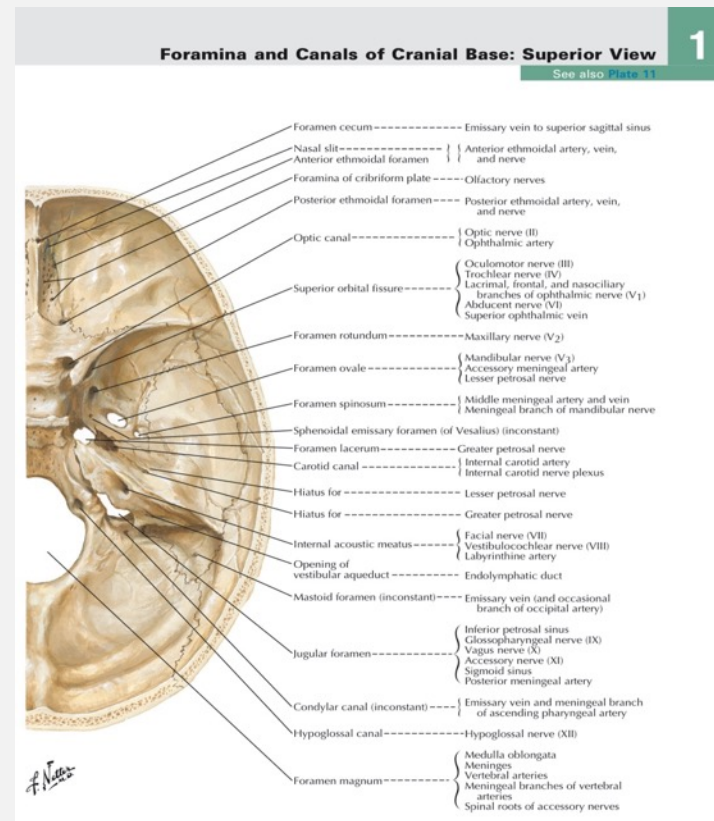
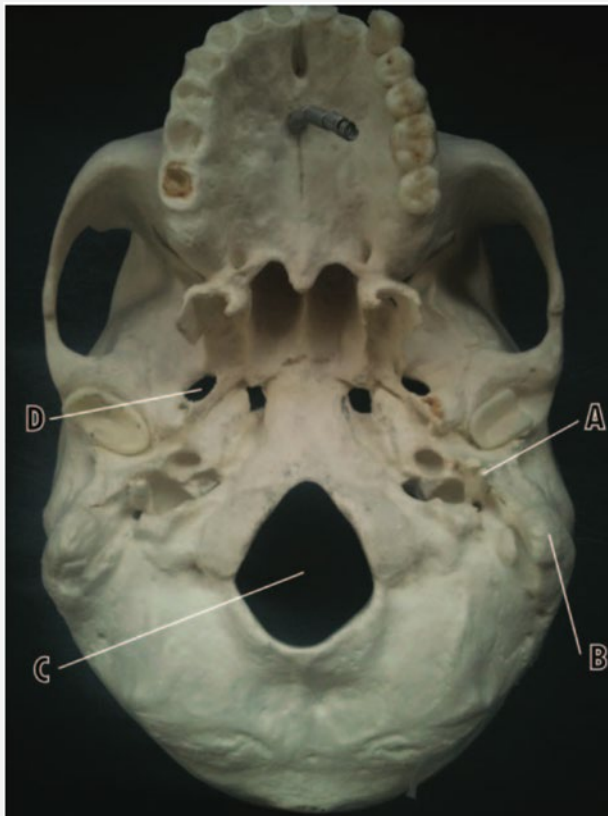
TOPICS H&N WRITTEN

- X-ray / Barium swallow
 - Pharyngeal pouch
 - Coin / battery
 - Foreign body



TOPICS H&N WRITTEN

- Skull base foramina



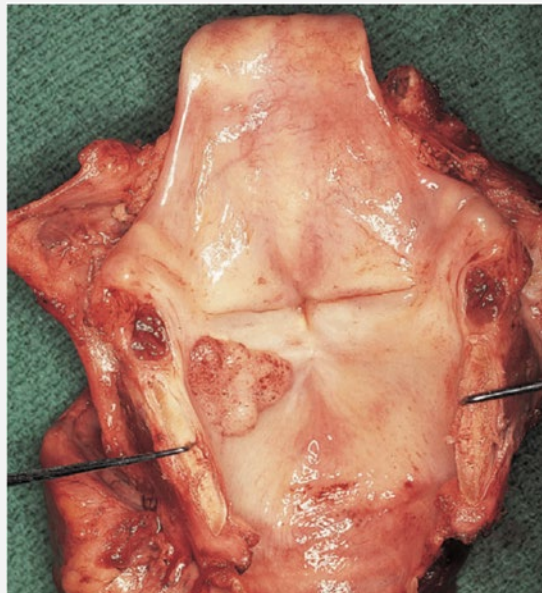
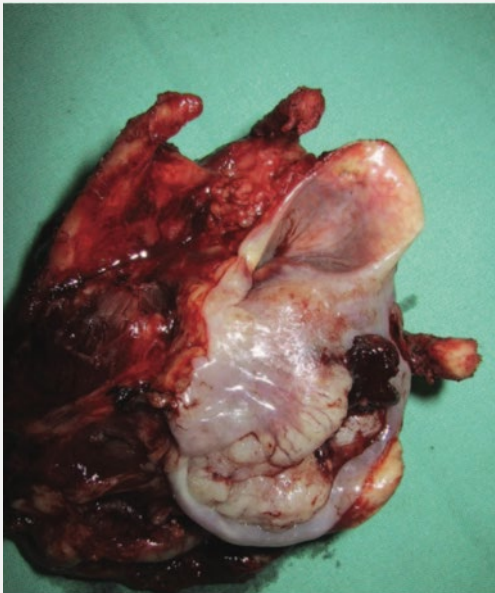
TOPICS H&N WRITTEN

- Instruments



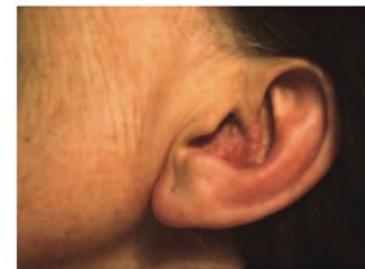
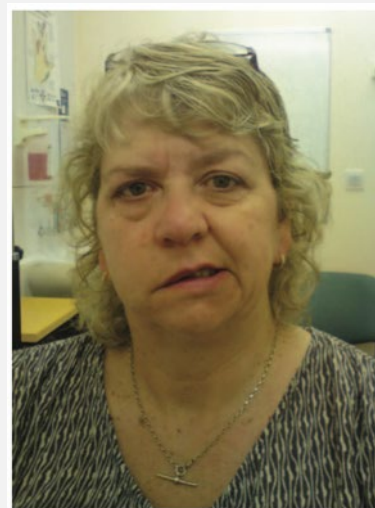
TOPICS H&N WRITTEN

- Gross pathology
 - Neck dissection
 - Pharynx dissection



TOPICS H&N WRITTEN

- Facial Weakness



EXAM PREP

Written

- Prep Op-Note
- Discharge Letter

History

- Prep consents
- Practice scenarios

NB:

Hidden agenda!

- Globus – cancer
- Parotid – actor
- Thyroid - singer

EXAM PREP

Practice with Friends!

- Timing is important



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